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LAST NEWSLETTER?

Warning: this is your last newsletter if you fail to re-new your membership!

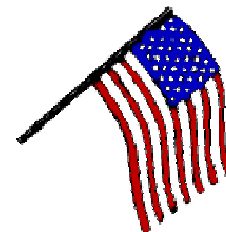
Mail your membership application (see last page) to-day, while you're thinking about it. Bicycling is your favorite sport, so don't lose out on receiving your newsletter. More importantly, you'll be supporting your club volunteers and will be helping with club expenses, which include:

- Printing and postage for mailed newsletters, and for the annual club roster
- Fees for web site hosting
- Post office box rental
- Food, beverages, utensils, and paper goods for our July and December parties
- Route slips
- Jersey order planning and coordination
- SDCBC membership
- Insurance



NCCC 4th of July Picnic

Watch next month's ride schedule for special 4th of July rides, to be followed by a potluck picnic in Woodland Park. Woodland park is located between Borden and Rock Springs Road off the 78 Freeway in San Marcos.



The picnic starts about 12:00 noon. Family and friends are welcome! Eat, drink and be merry! Try your hand at goofy games!

Couples bring 2 potluck dishes, singles bring one. If your last name begins with A – M, bring a main dish and/or salad. For N – Z bring a main dish and/or dessert. The club will provide soft drinks, plates, utensils and other essentials.



Bring your lawn chair for relaxing in the shade.

NCCC to be Represented in RAAM

Not only is NCCC riding the "buffer zone" between RAAM racers and other riders (see article on next page), but this year there is an NCCC member riding on one of the RAAM Teams.

Ron Downing, an NCCC member for the past 3 years—usually seen riding his green Cannondale on club rides (see photo)—is the Team Manager and one of the riders on the "North Coast Cycling" RAAM Team. The Team also includes RAAM veterans and current RAAM record holders Pete and Jim Penseyres. To learn more about the team, and to follow their progress during RAAM, visit the team website at:

www.NorthCoastCommunityService.com/RAAM,
 or check the RAAM home page at: www.RaceAcrossAmerica.org

Watch for a highlights report this summer from Ron's RAAM 2007 adventure.



Members Pedal to the Park — Stage 1 Exceeds Goals

By Dave White

NCCC members supported and enjoyed all aspects of the first Stage of Pedal to the Park (PTP)—a benefit event for cyclists with disabilities, and local bicycle advocacy. Karl Rudnick provided route design and webmaster support; Stephen Jones, Jeff Levin, Dave Morton and I were tandem captains for stokers with disabilities; and Lee Schwarz provided support for single bike riders. The PTP check-in table was manned by Bill Stevenson, and Nancy White was half of the dynamic duo who greeted cyclists upon their arrival at Petco Park, and safeguarded their machines at the Bike Parking Pavilion.



Bianca



Over 150 participants enjoyed the Stage 1 event. Excess proceeds were used to gift a Bike Friday family tandem to the Therapeutic Recreation Services (TRS) benefit program. If you get a chance, talk to members who were involved with the event, and discover for yourself the delight of helping someone enjoy the freedom and friendship of cycling. Pictured is Bianca Samaniego, whose captain Jeff Levin remarked: "I had a blast and am really glad I did it. Bianca kept putting coals to the fire, until we beat Dave Morton [and stoker Jorga Morales] to the top."

**Jeff Levin with
Bianca and her family**



**Dave Morton &
Jorga Morales**



Mark your calendar for Sunday September 16th (Padres vs Giants), when Stage 2 hits the roads. The event is expected to double in size. The new "PTP Club Route" concept offers a standard course with graduated options that range from 25 to 45 miles with associated degrees of climbing. Visit the NCCC homepage for links to more photos and stories from Stage 1.